



# SAFETY TALK TRAINING KIT

## “Caught Between” Hazards

### Safety Talk Handout

When you work around machinery, vehicles and anything else that moves, you could be caught in a tight spot and crushed.

### Safety Talk Leader Sheet

Find out the steps to take to deliver a memorable safety meeting with these Leader Sheet steps...

### Safety Talk Quiz

Test your employees knowledge on “caught between” injuries with this quiz...

# SAFETY TALK

## “Caught Between” Hazards



### WHAT'S AT STAKE?

When you work around machinery, vehicles and anything else that moves, you could be caught in a tight spot and crushed. Every year many workers are killed or seriously injured this way.

### WHAT'S THE DANGER

“Caught between” is the term used to describe these injury and fatality incidents. These words refer to being caught between two moving objects or between a moving object and a stationary object.

The result is compression and crushing injuries which can be fatal. The places where these incidents occur are called “pinchpoints.”

### **EXAMPLE**

An example involving two moving objects is getting caught in running machinery - between a chain and sprocket, a set of gears, or rollers on a press. Examples of being caught between a moving object and a stationary object are being crushed between a truck and a loading dock, or slamming a hand in a vehicle door.

Getting caught in a pinchpoint can cause a disabling injury such as a hand mangled beyond repair. When a hand is caught in moving machinery, the entire body can be dragged through the machinery, killing the worker.

“Caught between” injuries can occur in any kind of workplace, but they are particularly a hazard in manufacturing where machines are used to move, press, stamp and cut materials. Heavy equipment used in construction is also a common factor in crushing injuries. In mechanical repair, workers have been crushed by vehicles traveling across the shop floor.

### **HOW TO PROTECT YOURSELF**

Ensure all machine guards are in place to prevent contact with moving parts, such as gears and rollers.

Don't wear loose clothing or jewelry around moving equipment because these can catch on the rotating machine parts and pull you in.

Carefully follow lockout procedures so equipment cannot be started unintentionally when you are doing adjustments or maintenance. Always test

the equipment once it's locked out to ensure your lockout has worked.

Observe all precautions to avoid being struck by moving equipment such as forklifts. Never assume the operator can see you. Don't stand in the path of a vehicle, including one being repaired.

### **FINAL WORD**

“Caught between” hazards come in all sizes. Some are traps which can crush a hand. Others can cause fatal compression injuries to the head or chest. Always be alert to the danger of any kind of pinchpoint.

# SAFETY TALK LEADER SHEET

“Caught Between” Hazards



## LEADER GUIDE:

Start your meeting promptly.

Report on any follow-up to safety concerns raised at the previous safety talk:

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Ask participants what safety problems they have observed on their jobs since the last meeting:

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Determine what action should be taken to fix these safety problems. Write them here and take action before the next meeting:

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Read today's topic, and ask the participants to read along in their handouts. Add your own comments to the material, including your own company's procedures.

Thank your group members for their involvement in today's safety meeting.

# SAFETY TALK QUIZ SHEET

## “Caught Between” Hazards



**1.** The worst thing that can happen in a pinchpoint is a hand injury.

True or False

**2.** “Caught between” injuries only occur in industrial workplaces.

True or False

**3.** You should make sure all machine guards are in place before using equipment.

True or False

**4.** Lockout procedures are designed to prevent unintentional startup of equipment.

True or False

**5.** It is safe to assume the operator of mobile equipment can see you in the path of the machine.

True or False

1. False 2. False 3. True 4. True 5. False

**ANSWERS TO QUIZ**

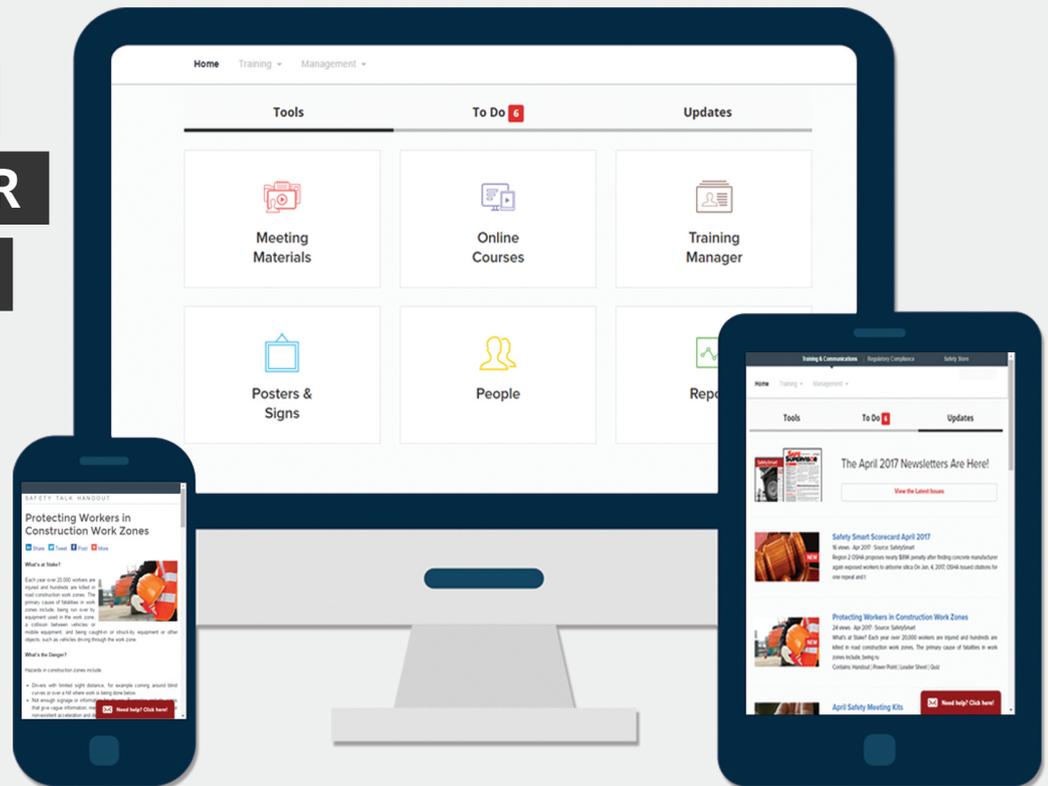
A thick red L-shaped graphic element that frames the central text. It starts with a horizontal line at the top, then a vertical line on the right side, and finally a horizontal line at the bottom. The vertical line is on the right side of the text, and the horizontal lines are above and below the text.

## Continue With...

# SafeSupervisor

Contact SafeSupervisor to find out how to  
access 4 safety talks like this per month!

**ARE YOU READY  
TO ENHANCE YOUR  
SAFETY TRAINING  
PROGRAM AND  
PROTECT YOUR  
WORKERS?**



## What Makes Us Different?

SafeSupervisor saves me time, especially when I have difficulty putting an idea into words to present to others. There are a ton of resources that I can use to keep employees engaged in our regular safety training.

Ron Thomas  
Health & Safety Director



### Ready-to-use Safety Talks

Every month, you'll receive 4 ready-to-use safety talks that you can use as-is, or adapt to your unique workplace. Provide compliant safety training to your employees on today's most critical safety topics.



### Monthly Digest

The monthly digests are packed with practical, proven safety management ideas, tips and techniques you can use to make your employees safer and get better results from your safety program.



### Real-life Fatality Reports

Use the real-life Fatality Reports to drive home a powerful safety message that your employees won't forget, and will help keep them safety aware.



### Training Resource

Nothing is worse than preparing a safety meeting, only to find none of your workers paying attention to it. Keep things interesting with quizzes, spot the violation, games, and more.